

**KHSAA TITLE IX RE-VISIT
FINAL AUDIT REPORT**

(For schools re-visited during the 2008-2009 school year)

School: **Lone Oak High School**
 Prepared By: **Jenny McCarty**
 Date of Re-Visit: **November 24, 2008**
 Telephone Number of Reviewer: **(859) 299-5472**
 Reviewed By: **Darren Bilberry, Asst. Commissioner**

1. Completed Required Forms

- Verification of Forms (Form GE-50) Yes No
- Participation Opportunities Summary Chart (Form T-70) Yes No
- Benefits Summary Charts (Forms T-71 & T-72) Yes No
- Benefits Publicity (Form T-73) Yes No
- Corrective Action Plan Summary Charts (Form T-74) Yes No

2. Opportunities Component of Title IX Compliance

Area of Compliance:
(Check One or More)

	A	Substantial Proportionality
	B	History and Continuing Practice Of Programs Expansion
X	C	Full and Effective Accommodation of Interest and Abilities

A). Was the Substantial Proportionality Test (T-1) an area in which the school met Title IX Opportunities compliance?

Yes No

Comments: According to the data submitted by the school, it appears that the school has not met the standard of proportionality Test (T-1) for the 2007-2008 school years. Additional data provided by the school demonstrated that the school has not met this standard for the previous two years as well.

B). Was the History and Continuing Practice of Program Expansion Test (T-2) an area in which the school met Title IX Opportunities compliance?

Yes No

Comments: According to the data submitted by the school, it appears that the school has not met the standard of History and Continuing Practice Test (T-2) for the 2007-2008 school years. Additional data provided by the school demonstrated that the school has not met this standard for the previous two years as well.

C). Was the Full and Effective Accommodations of Interest and Abilities Test (T-3) an area in which the school met Title IX Opportunities compliance?

Yes No

Comments: According to the data submitted by the school, it appears that the school has met the standard of Full and Effective Accommodations and Interests and Abilities Test (T-3) for the 2007-2008 school years. Additional data provided by the school demonstrated that the school has met this standard for the previous two years as well.

3. Is the school's most recent Student Interest Survey accurate in relation to the assessment of Interests & Abilities?

Yes No

Comments: In 2007-2008 students in grades 8-11 were surveyed with an 81% rate of survey return. Currently the school offers all KHSAA sanctioned sports except wrestling.

4. Checklist of the Title IX Components of the Interscholastic Program

Benefit to Students	Satisfactory	Deficient	Comments
Accommodation of Interests and Abilities	X		According to the data submitted by the school it appears the school has not met the standard for Test 1 or Test 2 during the school years 2005-2008. It does appear, however, that it has consistently met the standard for Test 3 from 2005-2008.
Equipment and Supplies	X		The uniforms viewed during the re-visit indicated equivalence in quantity and quality. The school does not currently have a written uniform and rotation policy. (See KHSAA Recommendation) Other equipment viewed appeared to be equitable for like sports in quality and quantity. The school did not have equipment inventories in the master Title IX file and auditors recommended to school officials that they complete an equipment inventory so that they could self-assess in this area.
Scheduling of Games and Practice Time	X		All shared athletic facilities appeared to be used by all teams fairly. The school did not have a written facility use schedule and practice schedule for all sports. The school's 2007-2008 girls' basketball schedule demonstrated that the school met its prime date requirement. According to the 2008-2009 schedule reviewed, the school will meet the minimum 40% prime date requirement. The school indicated that the schedule was complete for this school year.
Travel and Per Diem Allowances	X		The athletic director indicated that all students take school buses or large SUV's to athletic contests. Travel is approved by the board of education when other types of transportation are used by student athletes. Even though the school board sets some policies for travel, the school does not have a written Travel and Per Diem Policy included in their Title IX file. The importance of such a policy was discussed with the committee. (See KHSAA Recommended Action)

Coaching	X		<p>Through interviews conducted and data submitted, it appears that Lone Oak High School has school has a salary schedule that demonstrates equity for all coaches and their duties. There are numerous coaches who are employed on campus for both boys and girls teams. Auditors stressed the importance of keeping a line of communication open with off campus coaches so that student athletes could reach them if necessary.</p>
Locker Rooms, Practice and Competitive Facilities		X	<p>Lone Oak High School has two locker-rooms that are used by boys and girls' basketball teams. The boys' basketball locker-room appeared to be slightly larger than the girls; however, the layout of the girls' basketball locker-room was an advantage to the girls' team because of the privacy of the layout. The boys' basketball locker-room did have a slight advantage in amenities such as padded chairs provided for each participant in or beside their locker.</p> <p>Located off campus are the boys and girls' soccer field, girls' softball field, boys' baseball field, and the football practice and playing field. There is a dressing area for football at the field in a portable classroom that has been converted for football which contains lockers. This facility did not contain restrooms or shower space. This portable classroom dressing facility is in need of much repair and auditors did not view this as a dressing room advantage for a male team. There is another building at that field that is also used by the football team, track and cross country for storage and coaching offices. This off campus site also has numerous portable storage buildings used by various teams.</p> <p>There are significant disparities in the boys' baseball field and girls' softball field. The playing surface of the baseball field appeared to have better quality turf and maintenance. The baseball field dugouts are made of concrete block with shingled roofs and the softball field dugouts are made of chain link fence. The backstop fencing and padding was of better quality on the baseball field than the softball field. There is no press box at the girls' softball field, whereas there is a large press</p>

Locker Rooms, Practice and Competitive Facilities Cont'd			box which contains room for concessions at the baseball field. The softball field has a portable concession stand. It also appeared that other amenities such as the foul ball pole markers are of better quality on the baseball field than the softball field. (See KHSAA Recommendation)
Medical and Training Facilities and Services			<p>The auditors noticed the absence of light weight bars and belts for female use. The weight equipment would be enhanced with the addition of some lighter weights and some exercise equipment that is more female friendly. The weight room décor did not include female friendly pictures, posters etc. (See KHSAA recommendation)</p> <p>The school currently does not have a certified trainer on staff. It did appear through interviews conducted that the football team does have a medical professional who provides physicals for them at a lower cost. Auditors recommended to school officials that they ensure all athletes are given the same opportunity to obtain a sports physical if this benefit continues for the football team.</p>
Publicity			The 2006-2007 T-65 status report sent to the school noted a concern by auditors that award expenditures were not recorded for all sports at the school. Auditors learned that banquets are not given for all sports and the school does not have a lettering policy. (See KHSAA Recommendation) The school appears to be doing a good job with media guides for fall and winter sports. In order to ensure equivalence in this benefit area, auditors recommended to school officials to also find ways to publicize those sports offered in the spring.
Support Services		X	The school has many active booster organizations that support athletics. The school did not demonstrate a plan to oversee the spending of these organizations. The school does not utilize booster club agreements and expenditures are not subject to prior approval by the school administration. Auditors learned that at least one coach may have been paid by a booster organization this school year and that other coaches had been paid by boosters in prior years. In the Gender Equity Review

Support Services Cont'd			Committee Meeting with all members auditors stressed that the school must follow the Redbook procedures for accounting and that booster organizations could not pay the salary of coaches. School personnel did express that they knew that this practice may have occurred in the past, but were not aware that the practice was continued this year. (See KHSAA Recommendation)
Athletic Scholarships	n/a		
Tutoring	X		Students at Lone Oak High School are serviced by the ESS program available to all students.
Housing and Dining Facilities and Services	n/a		
Recruitment of Student Athletes	n/a		

5. Brief Summary/Analysis of the Corrective Action Plan (Form T-60)

- The need to give more Prime Date opportunities for girls' basketball was an item for corrective action and has been achieved.
- The school moved the Gender Equity Review Committee meetings to an earlier date to better analyze fall sports opportunities.

6. Observed Deficiencies in Overall Girls and Boys Athletics Programs

- The school did not meet the standard in the benefits area for both support services and locker-room, practice and competitive facilities.

all ok

7. KHSAA Recommended Action in relation to new deficiencies

1. Submit to the KHSAA no later than April 15, 2009, a copy of a written agreement between your high school and related booster organizations stating that your high school's administration will oversee all expenditures, whatever the source, which provides benefits of any nature to your high school's athletes and athletic teams.

2. Lone Oak High School will be merged with two other schools according to school personnel; however there is not a completion date for construction or a plan for this new facility at this time. Because of the impending merger and possible new construction, the following is requested:

Submit to the KHSAA, no later than April 15, 2009, a plan to address the inequities found between the girl's softball field and boys' baseball field.

The following items should be submitted:

- The results of a study of the feasibility of making needed improvements at the present softball field and or a plan to construct new athletic facilities to include a new softball and baseball field and amenities provided to each of these fields.
- A time line with anticipated completion dates for upgrades needed at the present field to make it equitable to the baseball field or a timeline for completion of new facilities.

Note: Although the school was not given a deficiency there are still several areas of concern. The following actions are recommended to be taken by school officials.

- Submit to the KHSAA, no later than April 15, 2009 a copy of your school's established written policies (guidelines) regarding the necessary credentials and accomplishments for an athlete or team to be honored with banners, awards or recognition within your school.
- Submit to the KHSAA, no later than April 15, 2009 a plan to purchase additional weight equipment suitable for female athletes.
- Submit to the KHSAA, no later than April 15, 2009 an adopted policy regarding a uniform replacement schedule for all teams that participate in athletics at your high school. A copy of this intended replacement and review process must be provided to all head coaches and must be placed in your school's Master Title IX File.
- Submit to the KHSAA no later than April 15, 2009, a copy of an adopted school wide policy and or written guidelines that address equitable travel and per diem allowances for both male and female sports.

8. KHSAA Recommended Action in relation to reoccurring deficiencies

N/A

9. PERSONNEL IN ATTENDANCE AT AUDIT MEETING

High School Title IX Coordinator:

District Level Title IX Coordinator:

Name	Title	Telephone
Don Heine	Parent/Board Member	270-554-2026
Andy Poore	Teacher/Coach	270-534-4541
Kelly Hack	Teacher	534-415-6186
Cullen Pope	Student	270-554-7574
Richard Brantley	Parent	270-554-0908
Nan Waldrop	Assistant Superintendent	270-538-4000
Brian Harper	Principal	270-538-4110
Susan Helneck	Teacher	270-538-4110

10. Comments

The Title IX Master file did not contain two yearly reports and the minutes of minutes were sketchy in detail. The athletic director had contacted the KHSAA requesting the year reports missing from the file but those had not been received at the time of the re-visit.



**KHSAA TITLE IX RE-VISIT
VERIFICATION OF FORMS
2008-2009 SCHOOL YEAR**

The , Kentucky

certifies to the KHSAA that the following is an accurate and true representation of the facts surrounding compliance with 20 V.S.C. Sections 1681-1688, it. Seq. (also known as Title IX).

The following persons are to be identified:

School District Title IX Coordinator:

Name	Nancy Waldrop
Professional Title	Assistant Superintendent
Phone Number	(270) 538-4000 Extension 5003
Address	435 Berger Road Paducah, Kentucky 42003

School Title IX Coordinator:

Name	David M. Pope
Professional Title	Athletic Director/ Teacher
Phone Number	(270)538-4150 Extension 6225
Address	225 John Robinson Ave. Paducah, Kentucky 42001

The following *signatures* verify the authenticity of the documents included:

	SIGNATURE	DATE
Principal		9/24/08
School Title IX Coordinator		9/24/08
Superintendent		9/29/08
District Title IX Coordinator		9/26/08
School Board Chairperson		



**KHSAA TITLE IX RE-VISIT
VERIFICATION OF FORMS
2008-2009 SCHOOL YEAR**

School Name: Lone Oak High School

Gender Equity Review Committee Members:

MEMBER NAME	TITLE	SIGNATURE	DATE	(✓)*
Chelsea Brantley	Student	<i>Chelsea Brantley</i>	9-24-08	✓
Richard Brantley	Parent	<i>Richard Brantley</i>	9-24-08	✓
Kelly Hack	Former Coach/Teacher	<i>Kelly Hack</i>	9/24/08	✓
Ally Heine	Student	<i>Ally Heine</i>	9/24/08	✓
Don Heine	Board Member/ Parent	<i>Don Heine</i>	9/24/08	✓
Susan Helmich	Former Coach/Teacher	<i>Susan Helmich</i>	9/24/08	✓
Mike Murphy	Varsity Girls' Basketball Coach	<i>Mike Murphy</i>	9/24/08	✓
Andy Poore	Varsity Boys' Basketball Coach	<i>Andy Poore</i>	9/24/08	✓
Cullen Pope	Student	<i>Cullen Pope</i>	9/24/08	✓
Cameron Tillett	Student	<i>Cameron Tillett</i>	9/24/08	✓

- - Please check (✓) if Committee member has reviewed this final submission.



**KHSAA TITLE IX RE-VISIT
PARTICIPATION OPPORTUNITIES -- SUMMARY CHART
2008-2009 SCHOOL YEAR**

KHSAA
Form T70
Rev. 08/08
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		ATHLETIC PARTICIPATION OPPORTUNITIES			
		TEST I (Proportionality)	TEST II (History)	TEST III (Interest)	
		<u>COLUMN 1</u>	<u>COLUMN 2</u>	<u>COLUMN 3</u>	<u>COLUMN 4</u>
		PERCENTAGE OF TOTAL ENROLLMENT BY GENDER	PERCENTAGE OF TOTAL PARTICIPATION BY GENDER	PERCENT OF TOTAL PARTICIPATION BY GENDER ADDED IN THE PAST 3 YEARS	BASED ON RESPONSES TO THE 2007-2008 INTERSCHOLASTIC SURVEY, WAS THERE SUFFICIENT INTEREST TO FORM A VIABLE INTERSCHOLASTIC TEAM NOT ALREADY PROVIDED? (Yes/No) IF YES, IDENTIFY THE SPORT(S)
SCHOOL					
Lone Oak High School					
SCHOOL YEAR:					
	2005-2006	416	44%	13%	NO
GIRLS	2006-2007	402	40%	22%	N/A
	2007-2008	402	39%	4%	NO
SCHOOL YEAR:					
	2005-2006	401	56%	4%	NO
BOYS	2006-2007	419	60%	3%	N/A
	2007-2008	430	61%	0%	

Principal's Signature _____

DIRECTIONS FOR COMPLETING EACH COLUMN ARE ENUMERATED ON PAGES 4 & 5



**KHSAA TITLE IX RE-VISIT
BENEFITS - SUMMARY CHART 1
2008-2009 SCHOOL YEAR**

KHSAA
Form TT1
Rev. 08/08
Forms/TT1.doc

School Lone Oak High School

BENEFITS

	SCHEDULING		COACHING		SUPPORT SERVICES			
	COLUMN 1 NUMBER OF SCHEDULED REGULAR SEASON VARSITY CONTESTS	COLUMN 2 NUMBER OF HOME "PRIME DATE" CONTESTS (either Friday, Saturday or Sunday)	COLUMN 3 EXPENDITURES FOR ALL COACHES' SALARIES*	COLUMN 4 IS THE HEAD COACH EMPLOYED FULL-TIME ON-CAMPUS? (Y/N)	COLUMN 5 EXPENDITURES FOR EQUIPMENT AND SUPPLIES*	COLUMN 6 EXPENDITURES FOR ANNUAL DUES AND FEES, CLINICS, CAMPS, WORKSHOPS, SEMINARS, COACHES ASSOC., ETC.*	COLUMN 7 EXPENDITURES FOR PROMOTIONS/ RECOGNITION* (PUBLICITY, AWARDS, BANQUETS, ETC.)	COLUMN 8 EXPENDITURES FOR TRAVEL & PER DIEM*
	2007-2008	2008-2009	2007-2008	2008-2009	2007-2008	2007-2008	2007-2008	2007-2008
G basketball	27	28	\$12,299.00	Y	\$21,256.00	\$75.00	\$225.00	\$2255.00
B basketball	26	28	\$12,299.00	Y	\$31,019.00	\$75.00		\$2850.00
G softball	33	N/F	\$6,753.00	N	\$21,014.00	\$25.00		
B baseball	33	36	\$6753.00	Y	\$28,339.00	\$25.00		\$635.00
G cross country	12	10	\$780.50	N	\$1,065.00	\$12.50		
B cross country	12	10	\$780.50	N	\$1,065.00	\$12.50		
G golf	12	18	\$1019.50	Y	\$1,299.00	BB coach		
B golf	17	17	\$1019.50	Y	\$1,414.00	BB Coach		
G soccer	16	19	\$6753.00	N	\$7,545.00	\$25.00	\$173.00	\$2225.00
B soccer	17	17	\$6753.00	N	\$9,994.00	\$25.00		\$1100.00

* - Round off Expenditures to the nearest dollar

DIRECTIONS FOR COMPLETING EACH COLUMN ARE ENUMERATED ON PAGES 8 & 9



**KHSAA TITLE IX RE-VISIT
BENEFITS - SUMMARY CHART 2
2008-2009 SCHOOL YEAR**

School Lone Oak High School

BENEFITS

	SCHEDULING				COACHING		SUPPORT SERVICES			
	COLUMN 1 NUMBER OF SCHEDULED REGULAR SEASON VARSITY CONTESTS	COLUMN 2 NUMBER OF HOME "PRIME DATE" CONTESTS (either Friday, Saturday or Sunday)	COLUMN 3 EXPENDITURES FOR ALL COACHES' SALARIES*	COLUMN 4 IS THE HEAD COACH EMPLOYED FULL-TIME ON-CAMPUS? (Y/N)	COLUMN 5 EXPENDITURES FOR EQUIPMENT AND SUPPLIES*	COLUMN 6 EXPENDITURES FOR ANNUAL DUES AND FEES, CLINICS, CAMPS, WORKSHOPS, SEMINARS, COACHES ASSOC., ETC.*	COLUMN 7 EXPENDITURES FOR PROMOTIONS/ RECOGNITION* (PUBLICITY, AWARDS, BANQUETS, ETC.)	COLUMN 8 EXPENDITURES FOR TRAVEL & PER DIEM*		
G swimming	4	10	2007-2008	2008-2009	2007-2008	2007-2008	2007-2008	2007-2008		
B swimming	4	10								
G track	16	16	\$1561.00	N	\$2700.00	\$12.50				
B track	16	16	\$1561.00	N	\$2730.00	\$12.50				
G tennis	19	19	\$1019.50	Y	\$210.00					
B tennis	18	18	\$1019.50	Y	\$180.00					
G volleyball	32	31	\$6753.00	Y	\$25,602.00	\$25.00		\$8,858.00		
B wrestling										
G (list sport)										
B football	10	10	\$16,906.00	Y	\$95,987.00	\$25.00		\$1163.00		

* - Round off Expenditures to the nearest dollar



**KHSAA TITLE IX RE-VISIT
BENEFITS – PUBLICITY
2008-2009 SCHOOL YEAR**

KHSAA
Form T73
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School Lone Oak High School

SUPPORT GROUPS

DIRECTIONS – Please respond to the following questions or statements regarding your cheerleading squad(s) and other support groups. Add pages if more space is needed to answer any of the questions/statements. Please type or write legibly in ink.

1. How many cheerleading squad(s) will your school have for the 2008-2009 school year?
 1. There are two squads for the 2008-2009 school year.

2. What is (are) the name(s) of each squad? For example, the following are typical names: generals, or black and gold, or boys' varsity and girls' varsity, or varsity and junior varsity.
 1. The squads are identified as Varsity and junior varsity

3. Describe, in detail, the selection process for each named squad.
 1. Each individual trying out for cheerleading, must have six teacher recommendation forms completed. These recommendation forms address several important areas: attendance, punctuality, ability to get along with others, effort and attitude. In addition to the six teacher recommendation forms, the individual is judged by an independent panel of judges on their cheer skills. The skills portion of judging form includes: jumps, motions, an individual cheer, a dance, and standing/ running tumbling.

4. How is each cheerleading squad assigned to home and away athletic contests? Include football as well as boys' and girls' basketball (and any other sport) at the varsity and junior varsity levels. Include any rotation plans or alternating game assignments that your squads follow.
 1. The varsity squad cheers both home and away varsity football and basketball games. During basketball season, the varsity squad cheers for an equal number of girls and boys games. Additionally, the junior varsity squad cheers both home and away jv football and basketball games. During basketball season, the junior varsity squad cheers for an equal number of girls and boys games. The junior varsity squad also cheers for home freshmen games.

5. Name any squad(s) that takes part in competitive cheerleading events.

None



**KHSAA TITLE IX RE-VISIT
BENEFITS – PUBLICITY
2008-2009 SCHOOL YEAR**

KHSAA
Form T73
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6. Do you have any other school support groups such as pep band, dance teams or mascots that perform at athletic contests (Y/N)? If yes, name them and describe how they are assigned.

1. We have a mascot who performs at home varsity games only
2. We have a girls' dance team that performs at both boys' and girls' basketball games
3. The Lone Oak High School Marching band performs at all home football games at half-time.
4. The Lone Oak High School Pep band does perform at home basketball games that are boy/girl double-headers. Also when the teams have made it to the regional tournament the band does go to the regional.



**KHSAA TITLE IX RE-VISIT
CORRECTIVE ACTION – SUMMARY CHART
2008-2009 SCHOOL YEAR**

KHSAA
Form T74
Rev. 06/07
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School Lone Oak High School

SCHOOL YEAR	COLUMN 1 ITEMS FOR CORRECTION IDENTIFIED BY THE SCHOOL ON ANNUAL APRIL 15 TH ANNUAL REPORT	COLUMN 2 STEPS TAKEN TO IMPLEMENT IDENTIFIED CORRECTIVE ACTION	COLUMN 3 DATE CORRECTIVE ACTION WAS COMPLETED
2002-2003	Specific meeting dates during the year.	The second Monday of November, March and May.	2003-2004 School year
2003-2004	Budgeting	Coaches to turn in a proposed budget.	2004-2005 school year

Principal's Signature *[Signature]*

DIRECTIONS FOR COMPLETING EACH COLUMN ARE ENUMERATED ON PAGE 15



**KHSAA TITLE IX RE-VISIT
CORRECTIVE ACTION – SUMMARY CHART
2008-2009 SCHOOL YEAR**

KHSAA
Form T74
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School Lone Oak High School

SCHOOL YEAR	COLUMN 1 ITEMS FOR CORRECTION IDENTIFIED BY THE SCHOOL ON ANNUAL APRIL 15 TH ANNUAL REPORT	COLUMN 2 STEPS TAKEN TO IMPLEMENT IDENTIFIED CORRECTIVE ACTION	COLUMN 3 DATE CORRECTIVE ACTION WAS COMPLETED
2004-2005	1. Continued improvement of Budgeting process 2. Recruiting of more girls to play on all teams. 3. Moving first Committee meeting to August to look at number of girls playing in fall sports. 4. 2005-2006 we will give the survey.	Continued improvement of communications with coaches and booster clubs. Keeping interest higher for the girls to play. Looking at Middle School programs for help. Committee meeting dates August 29, 2005; October 3, 2005; March 6, 2006 Place a copy of the survey ifor the grades 8,9,10,11 in registration packets the first day of school for students to turn in.	2005-2006 2005-2006 2005-2006 2005-2006
2005-2006	1. Recruiting more girls to play on all teams. 2. Prime date/Prime time 3. Continue work with the boosters and coaches about budgeting 4. Committee meetings for 2006-2007	Adding a Freshman volleyball team. Following guidelines set forth by the KHSAA pertaining to scheduling and prime dates/prime time for basketball. Continued improvement in all areas of expenditures August 28, 2006 October 30, 2006 March 26, 2007	2006-2007 2006-2007 2006-2007 2006-2007

Principal's Signature *B. Hays*

DIRECTIONS FOR COMPLETING EACH COLUMN ARE ENUMERATED ON PAGE 15



**KHSAA TITLE IX RE-VISIT
CORRECTIVE ACTION – SUMMARY CHART
2008-2009 SCHOOL YEAR**

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Form T74
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School Lone Oak High School

SCHOOL YEAR	COLUMN 1 ITEMS FOR CORRECTION IDENTIFIED BY THE SCHOOL ON ANNUAL APRIL 15 TH ANNUAL REPORT	COLUMN 2 STEPS TAKEN TO IMPLEMENT IDENTIFIED CORRECTIVE ACTION	COLUMN 3 DATE CORRECTIVE ACTION WAS COMPLETED
2006-2007	<ol style="list-style-type: none"> 1. Continue to recruit females to participate in our Athletic programs. 2. Continue to look for new opportunities for females to participate teams and sports. 3. Continue to work with boosters and coaches about budgeting. 4. Continue to work with basketball coaches on schedule to make sure we are in compliance with the prime date/prime time aspect of Title IX 	<p>Building interest in female students to want to participate in athletics.</p> <p>Through use of survey and student interest.</p> <p>Meet with coaches and boosters to talk about how money can be spent.</p> <p>Meet with coaches, go to scheduling meeting</p>	<p>2007-2008</p> <p>2007-2008</p> <p>2007-2008</p> <p>2007-2008</p>

Principal's Signature 

DIRECTIONS FOR COMPLETING EACH COLUMN ARE ENUMERATED ON PAGE 15



**KHSAA TITLE IX RE-VISIT
CORRECTIVE ACTION – SUMMARY CHART
2008-2009 SCHOOL YEAR**

School Lone Oak High School

SCHOOL YEAR	COLUMN 1 ITEMS FOR CORRECTION IDENTIFIED BY THE SCHOOL ON ANNUAL APRIL 15 TH ANNUAL REPORT	COLUMN 2 STEPS TAKEN TO IMPLEMENT IDENTIFIED CORRECTIVE ACTION	COLUMN 3 DATE CORRECTIVE ACTION WAS COMPLETED
2007-2008	<p>Continue to recruit females to participate in the Athletic programs at Lone Oak High School.</p> <p>Investigate new opportunities for females to be on athletic teams here at Lone Oak High School.</p> <p>Continue to improve the budgeting process of the school and booster clubs.</p> <p>Work to improve numbers of all participates at Lone Oak High School. Boys' and girls' numbers are down this year.</p> <p>Continue work with Basketball coaches to make sure schedule is in compliance with Title IX.</p>	<p>Encourage females to be involved and want to be active in Athletic programs.</p> <p>Using information from surveys and student interest.</p> <p>Meet with coaches and boosters to continue good budgeting practices.</p> <p>Encouragement for involvement.</p> <p>Meet with coaches and go over the schedule for the upcoming year.</p>	<p>2008-2009 school year</p> <p>2008-2009 school year</p> <p>2008-2009 school year</p> <p>2008-2009 school year</p> <p>2008-2009 school year</p>

Principal's Signature 

DIRECTIONS FOR COMPLETING EACH COLUMN ARE ENUMERATED ON PAGE 15

Lone Oak High School

DAVID POPE
Activities Director

225 JOHN E. ROBINSON AVENUE
PADUCAH, KY 42001
OFFICE (270) 538-4150
FAX (270) 538-4151

A COMPREHENSIVE SCHOOL

EDWIN ROE
WENDY WATTS
Guidance Counselors

BRIAN HARPER, PRINCIPAL
ALLEN FRANKLIN, ASSISTANT PRINCIPAL
MELANIE JARVIS, ASSISTANT PRINCIPAL

MEMBER OF SOUTHERN
ASSOCIATION OF SECONDARY
SCHOOLS AND COLLEGES

TO: Brigid DeVries, KHSAA Commissioner
Darren Bilberry, KHSAA Assistant Commissioner

FROM: David M. Pope, Athletic Director, Lone Oak High School *DMP*
Brian L. Harper, Principal, Lone Oak High School *B.L.H.*

DATE: March 31, 2009

SUBJECT: KHSAA Title IX Re-Visit Final Audit Report
2008-2009 School Year

Enclosed you will find the information detailing how Lone Oak High School is addressing the deficiencies listed in *Section 7* of the Audit Report. In order for Lone Oak High School to continue to provide equitable benefits and have more athletic opportunities to represent our school, we are establishing the following policies and procedures. The issues that were addressed are:

7. KHSAA Recommended Action in relation to new deficiencies

1. Submit to the KHSAA no later than April 15, 2009, a copy of a written agreement between your high school and related booster organizations stating that your high school's administration will oversee all expenditures, whatever the source, which provides benefits of any nature to your high school's athletes and athletic teams.

2. Lone Oak High School will be merged with two other schools according to school personnel; however there is not a completion date for construction or a plan for this new facility at this time. Because of the impending merger and possible new construction, the following is requested:

Submit to the KHSAA, no later than April 15, 2009, a plan to address the inequities found between the girl's softball field and boys' baseball field.

The following items should be submitted:

- The results of a study of the feasibility of making needed improvement

at the present softball field and or a plan to construct new athletic facilities to include a new softball and baseball field and amenities provided to each of these fields.

- A time line with anticipated completion dates for upgrades needed at the present field to make it equitable to the baseball field or a timeline for completion of new facilities.

Note: Although the school was not given a deficiency there are still several areas of concern. The following actions are recommended to be taken by school officials.

- Submit to the KHSAA, no later than April 15, 2009 a copy of your school's established written polices (guidelines) regarding the necessary credentials and accomplishments for an athlete or team to be honored with banners, awards or recognition within your school.
- Submit to the KHSAA, no later than April 15, 2009 a plan to purchase additional weight equipment suitable for female athletes.
- Submit to the KHSAA, no later than April 15, 2009 an adopted policy regarding a uniform replacement schedule for all teams that participate in athletics at your high school. A copy of this intended replacement and review process must be provided to all head coaches and must be placed in your school's Master Title IX File.
- Submit to the KHSAA no later than April 15, 2009, a copy of an adopted school wide policy and or written guidelines that address equitable travel and per diem allowances for both male and female sports.

The following is a list of attachments that address each one of the deficiencies and what action Lone Oak High School is taking.

Attachment 1: Addressing issue 7.1- Written Athletic Booster Club Agreement.

Attachment 2: Addressing issue 7.2- Inequities found between the girls' softball field and the boys' baseball field.

Attachment 3: Addressing issue - Written policies (guidelines) regarding necessary credentials and accomplishments for an athlete or team to be honored banners, awards or recognition within the school.

Attachment 4: Addressing issue - Purchase of additional weight equipment suitable for female athletes.

Attachment 5: Addressing issue - Policy regarding uniform replacement schedule.

Attachment 6: Addressing issue - School wide policy and or written guidelines that address equitable travel and per diem allowances for both male and female athletes.

Attachment 7: Lone Oak High School Athletic Handbook.

Brigid DeVries and Darren Bilberry

Page 3

March 31, 2009

Please review these actions that we have incorporated into our policies and procedures. Lone Oak High School strives to allow as many opportunities for participation to all male and female athletes. The school also strives to be as equitable and fair. We hope through the audit and our self study, we will become an even better and stronger high school.

Attachments

Attachment 1: Written Athletic Booster Club Agreement

This document will be given to the head coach of each respective sport. Each booster club will have this agreement signed and given back to the Athletic Director. Copies will be retained by the Booster Club, Principal and the Athletic Director. Each new school year an agreement will have to be completed, signed and kept on file by the Booster Club and the school.

ATHLETIC BOOSTER CLUB AGREEMENT

This agreement is entered into by and between the McCracken County Board of Education (hereafter referred to as the "Board") and the entity known as _____

(Hereafter referred to as the "Booster Club"). Through this agreement the parties intend to set forth the Terms and Conditions under which the Booster Club may operate and associate with students, teachers, coaches and school administrators at Lone Oak High School.

TERMS AND CONDITIONS

1. The Booster Club acknowledges that the Board is responsible for the promotion of education and the general health and welfare of all students attending the McCracken County Public Schools. In addition, the Booster Club acknowledges that the Board has control and management of funds and all public school property in its district and may use its funds and property of all schools to promote public education.
2. The Booster Club acknowledges that its activities may affect compliance with Title IX of the Educational Amendments of 1972 (Title 20, U.S.C 1681-1687, *et seq.*) By Lone Oak High School and the Board. Likewise, the Booster Club acknowledges that, as a condition of membership in the Kentucky High School Athletic Association, representatives of Lone Oak High School and the Board must verify that the school complies with Title IX. 702 KAR 7:065, Section 2 (13). Accordingly, the Booster Club agrees to provide all information requested by Lone Oak High School, the Board, or the Kentucky High School Athletic Association for the purposes of determining Title IX compliance. The Booster Club further agrees to refrain from engaging in any activity which, in the opinion of the principal or athletic director of Lone Oak High School or the Superintendent of the McCracken County Public Schools, adversely affect the school's or the Board ability to comply with Title IX.
3. The Booster Club shall, on or before October 15, 2009 (for the 2009-2010 school year), and August 15, 2010 (for the 2010-2011 school year), designate a representative for purposes of communicating with and providing true and accurate information to the Board and Lone Oak High School.

4. Upon request the principal or athletic director of Lone Oak High School, or upon request of the Superintendent of the McCracken County Public Schools, the Booster Club shall make available a full and complete list of its members.
5. In addition to complying with the requirements of Title 702 of the Kentucky Administrative Regulations, Chapter 3:130 (internal accounting, and all other relevant statutes and regulations, the Booster Club shall upon the request of the principal or athletic Director of Lone Oak High School, or on the request of the Superintendent of the McCracken County Public Schools, provide a full and complete accounting of all moneys raised, as well as a full and complete accounting of all moneys expended. In addition, if requested to do so, the Booster Club shall also provide audited financial records concerning the activities.
6. On or before June 30, 2009 (for the 2009-2010 school year) and June 30, 2010 (for the 2010-2011 school year), the Booster Club shall advise the principal and athletic director of Lone Oak High School of all fund raising activities planned for the upcoming year. To the extent the Booster Club seeks to engage in additional fund raising activities, it shall give at least 30 days notice of the intended activity.
7. The principal and athletic director of Lone Oak High School and the Superintendent of the McCracken County Public Schools expressly reserve the right to reject any fund raising activity for any reason. The Booster Club agrees that it shall not engage in any fund raising activity which has not been approved or which has been rejected by the principal or athletic director of Lone Oak High School or the Superintendent of McCracken County Public Schools.
8. By executing this document through its designated representative, all members, officers, and representatives of the Booster Club agree to abide by the terms and conditions set forth below as well as those additional terms and conditions which may be required by the Board. The designated representative of the Booster Club represents and agrees that he/she will provide a copy of this agreement to all members of the Booster Club.

.. .. .

I hereby acknowledge that I am a representative of the _____ Booster Club and that I am authorized to act on its behalf. I further agree that this Booster Club and its members shall abide by the Terms and Conditions set forth above. I further agree to immediately report to the principal and the athletic director of Lone Oak High School and to the Superintendent of the McCracken County Public Schools any violation or breach of this agreement.

(Name of Booster Club)

BY: _____

TITLE: _____

COMMONWEALTH OF KENTUCKY
COUNTY OF _____

Subscribed and sworn to before me on this _____ day of _____, 20__, by

NOTARY PUBLIC

My commission expires: _____

Attachment 2: Inequities between the girls' softball field and the boys' baseball field.

This document represents the commitment of Lone Oak High and the McCracken County Board of Education that the proposed Consolidated McCracken County High School will have a softball field that will follow equitable and fair guidelines. Also, improvements have and will be made that will make the existing field comparable or better than the baseball field.

Lone Oak High School Proposal to correct the deficiencies at the new Softball field at the Consolidated McCracken County High School:

Lone Oak High School is merging with Heath and Reidland High School. Plans are to be forthcoming for the architects at the end of April or the first of May. In the development of the athletic facilities the McCracken County School System will make every effort to make sure that the female facilities are equal to or better than those for the male athletes. The consolidated school construction is slated to be completed in two to three years.

Improvements and changes to the existing Lone Oak High School Softball Field:

The following list of improvements have been made to the softball field. These were accomplished through the efforts of Lone Oak High School, McCracken County Board of Education and the Lone Oak High School Softball Boosters.

1. Repaired batting cage
2. Removed broken backstop and net
3. Installed 10' tall extension to current backstop and added new netting on the extension.
4. Installed new sod around the entire infield and in a much needed section of the outfield (left field area).
5. McCracken County Board of Education replaced 13 broken posts on the outfield fence.
6. New purple wind screen material has be placed around the entire outfield fence.
7. New yellow poly safety cap has been place on top of the entire fence.
8. The infield has been re-leveled and infield conditioning material has been added.
9. Visitors' bullpen area has been completed.
10. Equipment buildings have been painted.

Other items that will be addressed before next year:

1. Concrete block dugouts.
2. New foul poles.
3. Over seeding of field.
4. Press Box.

Attachment 3: Policies regarding credentials and accomplishments for athletes.

These policies have been added to our new Lone Oak High School Athletic Handbook. The documents were a cooperative work with administration and coaches. The Handbook will be discussed and given to the coaches at the coaches' meeting during the summer. The Handbook will also be distributed to the athletes and to the booster clubs. Athletes will be required to sign a form stating that they have received a copy of the handbook. The Handbook will also be added to the Lone Oak High School website for everyone to view. The Athletic Handbook will also be reviewed by the administration and coaches yearly for updates and changes.

Awards and Recognition:

1. "All-Purchase Team" Boys' and Girls' Basketball

This is an award that is sponsored and given by the Paducah Sun Newspaper every year. It has been given for the Boys' Basketball players since 1944. They began this for the Girls' Basketball players in 1976. This distinction is given to 10 boys' players and 10 girls' players and is voted on by the 1st Region, boys and girls basketball coaches. One boy and one girl are voted on as the "Purchase Player of the Year". The Paducah Sun Newspaper collects all the votes of the coaches and tallies them. They then are displayed in the sports section of the Sun for everyone in the 1st Region to see. Lone Oak High School has a sign in John Robinson Area that recognizes all players (boys' and girls') from Lone Oak High School that have been selected by the 1st Region coaches as "Purchase Players of the Year". To date these are Lone Oak High Schools' "Purchase Players of the Year";

Boys'

Barry Tidwell 1978

John Griffith 1993

Chris Golightly 1994

Chase Denson 2006

Girls'

Tammy Burton 1983

Heidi Seltzer 1999 and 2001

Katee Buchanan 2004

2. "Purchase Coach of the Year" Boys' and Girls' Basketball

This is an award is sponsored and given by the Paducah Sun Newspaper every year. The award is voted on by the boys' and girls' coaches of the 1st Region. The Paducah Sun collects and tallies all the votes from the coaches. They then display the winners in the newspaper with the "All-Purchase Players Team" and "Purchase Players of the Year" for the boys' and the girls'. Lone Oak High School recognizes the accomplishments of the Lone Oak coaches (boys' and girls') that have been selected by the 1st Region coaches as "Coaches of the Year". These names are placed on the same sign as the "Purchase Players of the Year" from Lone Oak High School.

Boys'

Don Stevenson 1955

Albert Norris 1978

Roy McKamey 1994

Andy Poore 2004

Girls'

Cliff Owen 1981

Gerald Vaughn 2001

3. District and Regional Accomplishment Signs in the Gym:

These signs are used to recognize team accomplishments of the boys' and girls' athletic teams, cheerleaders and the band. These accomplishments represent:

- A. District Championships
- B. District Runner-up
- C. Regional Championships
- D. Regional Runner-up
- E. State Competition accomplishments

Groups that have signs with these outstanding seasons are:

Lone Oak High School Kentucky Colonels Band

Boys'	Girls'
Baseball	Softball
Basketball	Basketball
Football	Cheerleading
Tennis	Tennis
	Volleyball

4. Banners in the Gym:

Banners are used to recognize the boys' and girls' teams or individuals that have won a regional championship or higher accomplishment.

5. Individual Team Awards

Lettering Criteria by Sport at LOHS

The following information covers the sports at Lone Oak High School that offer a letter in Varsity competition. This criteria will be reviewed and updated when there is a coaching change or when the school administration and coaches feel that there need to be clarification or changes made.

Earning a letter in baseball will be accomplished by:

- By the player having participated in 50% of all Varsity games that are played during the season.

Earning a Letter in Girls' or Boys' basketball will be accomplished:

- By a player if he/she plays in 25% of the quarters of the Varsity game schedule. For example: If there are 30 games played during the varsity season, a letter would be earned if the player made an appearance in 30 varsity quarters during that season. A bar would be earned if that is repeated in any subsequent year.
- By a manager if he/she completes 2 years of service to the program.

Earning a letter in Cheerleading will be accomplished by:

- Criteria needed from sponsors.

Earning a letter in Cross Country (Boys' and Girls') will be accomplished by:

- The student/ Athlete must first qualify for the regional track meet (minimum of 4 regular season track or C.C meets must be run). This is only for participating members not alternates.

Earning a letter in Fastpitch Softball will be accomplished by:

- Student athletes must have start at least 2 Varsity games or played in 14 innings on the varsity level.

Earning a letter in Football will be accomplished by:

- Participating in 1 quarter beyond 50% of all quarters the varsity football team plays for the year.

Earning a letter in Golf (boys' and girls') will be accomplished by:

- Being in the top 6 in 75% of all regular season varsity matches.
- Being in the top 6 of an individual regular season varsity tournament.
- Qualifying for a regional tournament.
- Or having participated for 4 years in golf and not previously lettered.

Earning a letter in Swimming (boys' and girls') will be accomplished by doing all the following:

- Attend 50% of practices (of the group you belong)
- Attend 50% of Varsity meets &/or 2 (which ever is greater) in order to qualify for regional.
- Participate in the regional swim meet.

Earning a letter in Tennis (boys' and girls') will be accomplished by:

- The student/ athlete must play in 50% of all matches played.

Earning a letter in Track (boys' and girls') will be accomplished by:

- The student/ Athlete must first qualify for the regional track meet (minimum of 4 regular season track or C.C meets must be run). This is only for participating members not alternates. Pertains to only varsity track meets.

Earning a letter in Volleyball will be accomplished by:

- The student/ Athlete must have played in 20 games during the volleyball season.

Attachment 4: Making the weight room more suitable for female athletes.

The Lone Oak High School with the help of coaches, players, booster clubs and the McCracken County Board of Education will make the weight room at Lone Oak High School more suitable to the female athletes. During the spring of 2009 information will be gathered by the Athletic Director from players and coaches of the female teams concerning additional equipment that meets the needs of the LOHS female athlete. After this information is collected prices will be secured for this equipment. The Principal and the Athletic Director will then use appropriate funds or silicate help from other sources (Board, boosters, and individuals) to purchase such equipment and female friendly décor to make the weight room more appealing to the female athlete. These changes are to begin for the fall semester of 2009 and to be completed in 2010.

Survey of Coaches of Female Sports

LOHS Weight Room

1. What female sport or sports do you coach?
2. Have you ever used the weight room at LOHS?
3. Are you familiar with the exercise equipment in the weight room?
4. What exercise equipment or exercises have you used or done with your athletes? Please place a check mark by the equipment you have used.

- A. Dumbbells _____
- B. Bench press _____
- C. Leg Press _____
- D. Squat Rack _____
- E. Dead Lift Bar _____
- F. Bench Press _____
- G. Incline Press _____
- H. Leg Extension _____
- I. Leg Curl _____
- J. Lat Pull down _____
- K. Tricep Pushdowns _____
- L. Curls _____
- M. Seated Press _____
- N. Dip Bars _____
- O. Jump Ropes _____
- P. Jump on Boxes _____
- Q. Verta-Max _____

5. What pieces of exercise equipment would you like to see in the weight room for females to use? What would make the weight room more suitable for females?
 - A.
 - B.

- C.
- D.
- E.

6. As a coach of female athletes what kind of décor would you like to see in the weight room to make it more suitable for female athletes to want to use the weight room?

7. What help will you or your booster club be able to do for help in marking an exercise area more suitable for female athletes?

Survey of Female Athletes

LOHS Weight Room

1. What sport or sports do you play?

2. Have you ever used the weight room at LOHS?

3. Are you familiar with the exercise equipment in the weight room?

4. What exercise equipment or exercises have you used or done? Please place a check mark by the equipment you have used:
 - A. Dumbbells _____
 - B. Bench press _____
 - C. Leg Press _____
 - D. Squat Rack _____
 - E. Dead Lift Bar _____
 - F. Bench Press _____
 - G. Incline Press _____
 - H. Leg Extension _____
 - I. Leg Curl _____
 - J. Lat Pull down _____
 - K. Tricep Pushdowns _____
 - L. Curls _____
 - M. Seated Press _____
 - N. Dip Bars _____
 - O. Jump Ropes _____
 - P. Jump on Boxes _____
 - Q. Verta-Max _____

5. What pieces of exercise equipment would you like to see in the weight room for females to use? What would make the weight room more suitable for females?
 - A.
 - B.

C.

D.

E.

6. As a female athlete what kind of décor would you like to see in the weight room to make it more suitable for female athletes to want to use the weight room?

7. What grade are you in?

Attachment 5: Policy regarding uniform replacement schedule.

The administration and the coaches of Lone Oak High School have established this uniform replacement schedule. This will be discussed at the summer coaches meeting and has been added to The Lone Oak High School Athletic Handbook. Coaches, athletes and booster clubs will be made aware of this policy and that it must be followed.

Lone Oak High School Uniform Replacement Policy:

All uniform replacements or new purchases must be approved by the Principal. All uniform purchases must follow the Redbook procedures that have been sent up by the State of Kentucky. Purchase Orders must be filled out and approved by the Principal before orders are placed.

Sets of Uniforms should not have to be replaced every year. It is understood that there will be uniforms that get damaged or other extenuating circumstances may arise. In the cases the purchases still must follow Redbook policies and must be approved by the Principal.

The Kentucky High School Athletic Association recommends for the compliance of Title IX that each school has a uniform replacement schedule in place. This schedule is to be followed by the school and the booster clubs. It is recommended that teams be placed on a four year rotation for replacement of sets of uniforms. The replacement schedule for Lone Oak High School is as follows:

Teams	Year
Baseball	2012
Softball	2013
Basketball Boys'	2011
Basketball Girls'	2013
Football	2012
Volleyball	2012
Tennis Boys' and Tennis Girls'	
Swimming Boys' and Swimming Girls'	
Track Boys' and Girls' Track	2012
Cross Country Boys' and Cross Country Girls'	
Soccer Boys'	2010
Soccer Girls'	2011
Golf Boys' and Girls'	

Attachment 6: Policy regarding travel and per diem.

The administration and the coaches of Lone Oak High School have established this policy about equitable travel and per diem. This policy has been added to the Lone Oak High School Athletic Handbook. It will be discussed at the summer coaches meeting and the Handbook will be distributed to athletes and booster clubs.

Lone Oak High School Policy on Equitable Travel and Per Diem Allowances:

Travel:

All Lone Oak High School Athletic Teams (Boys' and Girls') are to use McCracken County Board of Education approved transportation. McCracken County School buses may be scheduled through the Athletic Director or suburbans through the Assistant Principal. These services will be addressed equitably for both male and female athletics. Any other mode of transportation must be approved by the board and by the Lone Oak High School Principal.

Per Diem Allowances for male and female sports:

When Athletic teams are traveling and must stay or play and come home, it is understood that lodging and food must be given to the athletes. Such trips must be approved by the Principal and the McCracken County Board of Education. All trips must follow guidelines of Title IX and Board Policy for equity for the male and female athletic teams for lodging and meals.

At anytime whether home or away allowances for meals for male or females will not exceed \$5.00 per meal pre person (same allowance the KHSAA allows for teams in state competition). (All expenditures must be approved.)

Attachment 7: The Lone Oak High School Athletic Handbook

The administration and the coaches of Lone Oak High School have established this Athletic handbook with input from student/athletes. This Handbook will be reviewed and updated at least on a yearly basis. Administration, coaches and athletes will be involved in the review and update of the policies. The Handbook will be distributed coaches, athletes and to the booster clubs. It will also be made available on the school website.



**High School
Athletic Handbook
2009-2010**

Philosophy

The primary purpose of the athletic department at Lone Oak High School is to provide quality educational experiences in the athletic arena for each student in the program. Participation in athletics at Lone Oak High School is a privilege available to qualified students. Those who participate in athletics have a responsibility to favorably represent the school and community. The "student athlete" is the cornerstone of our program. Success in the classroom is stressed first and foremost. Major emphasis is placed on the development of leadership skills, discipline, teamwork, honesty, loyalty, integrity and strong work ethic. Student athletes are expected to conduct themselves both in and out of school in a manner appropriate to their responsibilities as representatives of Lone Oak High School.

Programs/Coaching Assignments for 2009-2010

Fall Sports

Football

Jack Haskins – Head Coach
Taylor Burks
Darren Hack
Adams Sims
Grant Gagnon
Lenny Jezik

Elliott Treece

Boys Soccer

Matt Houser– Head Coach
Greg Hunter

Girls Soccer

Shannon Andrews– Head Coach

Golf (Boys & Girls)

Chris Gregory - Head Coach

Cross Country (Boys & Girls)

Allen Treece – Head Coach

Girls Volleyball

Tim Whitis– Head Coach
Lauren Templeton
Kristi Porter

Spring Sports

Boys Basketball

Andy Poore– Head Coach
Bryan Powell
Tony Zacheretti

Girls Basketball

Mike Murphy – Head Coach
Chris Gregory
Emily Scheer

Baseball

Geno Miller – Head Coach
Tony Zacheretti
Grant Gagnon
Denny Potts

Softball

David Scheer – Head Coach
Chris Gregory
Emily Scheer

Track (Boys & Girls)

Allen Treece – Head Coach

Swimming (Boys & Girls)

Stacy McKinney– Head Coach

Tennis (Boys & Girls)

Larry Heflin – Head Coach
Andy Poore
Shannon Mungle

Non-KHSAA sanctioned programs

Cheerleading

Annie Evers – Head Coach
Elaine Farris
Terri Wehmeyer

Dance

Lori Durbin

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Basic Athletic Department Policies

A. Sportsmanship: Coaches shall personally exhibit and shall require of their athletes good sportsmanship. Coaches shall establish rules for their athletes and their teams which encourage good sportsmanship and require appropriate behavior.

B. Participation: An athlete may participate in only one sport per season unless he/she received the approval of the coaches involved and the athletic director.

C. Dropping or transferring sports: Quitting is an intolerable habit to acquire. On occasion however, an athlete may find it necessary to drop a sport for a good reason. If this is the case, the following procedure must be followed:

1. Consult with the head coach.
2. Report the situation to the Athletic Director.
3. Check in all equipment issued to the athlete.

D. Equipment

1. Use of equipment:

School equipment checked out by the student athlete is his/her responsibility. He/She is expected to keep it clean and in good condition. Loss of any equipment is the athlete's financial obligation.

2. Return of equipment

Each athlete issued athletic equipment shall return the equipment within one week of the final competition of the athletic season for which the equipment was issued, or within one week of the athlete's participation in the sport for the season, whichever ever comes first. If an athlete fails to return equipment as required or returns it in damaged condition, the athlete may be charged for replacement or repair or otherwise disciplined as appropriate. Likewise, the athlete may not participate in another sport in the next season until all equipment is properly returned.

E. Travel: All athletes must travel to away contests in transportation provided by the school/athletic department unless previous arrangements are made by the parents.

- At the Coach's discretion, athletes may ride home only with their parents. The coach will provide a sign-out sheet for the parents sign.
- Athletes will remain with their teams and under the supervision of the coach when attending away contests.
- Athletes who miss the bus will not be allowed to participate in the contest unless there are extenuating circumstances.
- Athletes will dress appropriately and in good taste.

F. Team Selection: In accordance with our philosophy of athletics and our desire to see as many students as possible in the athletic program while at Lone Oak High School, we encourage coaches to keep as many students as they can without unbalancing the integrity of their sport. Time, space, facilities, equipment, personal preference and other factors will place limitations on the most effective squad size for any particular sport.

G. Locker room regulations

1. Rough-housing is not allowed in the locker room area.
2. All showers must be turned off. The last person to leave the shower room is expected to check all showers.
3. No one except coaches and assigned players are allowed in the locker room area.
4. No glass containers are permitted in locker rooms.
5. Keep the locker room clean and orderly. Dispose of food and drinks properly in the trash can provided.
6. All spiked or cleated shoes must be put on and taken off outside of the locker room in extreme or muddy weather conditions. No metal or hard spikes or cleats are allowed in the locker room area or any other part of the school building.

H. Weight room regulations

1. Shirts and shoes are required at all times – tank tops are acceptable.
2. Nobody is to be in the weight room alone.
3. All students must be under supervision of the instructor assigned.
4. Lifters must work with a partner.
5. Replace all weights on racks immediately following use.
6. Know your limits. Work with the instructor in determining your limits.
7. Do the lifts correctly. It is better to use lighter weights for correct lifting than heavier weights and run the risk of injury.
8. Warm-up with proper stretching exercises.
9. No food or drinks are allowed inside the weight room.
10. No horseplay or profanity should be exhibited in the weight room.
11. Take care of the equipment. Any equipment that is broken must be reported immediately.

Athletic Eligibility & Participation

A. Grades/Promotion:

1. Lone Oak High School follows the criteria of the Kentucky High School Athletic Association for eligibility for participation. Students to be eligible to participate in athletics must be on grade level to graduate.

2. The Following is taken from the KHSAA handbook on academic Requirements:

Bylaw 5. Minimum Academic Requirement

Sec. 1) Proper Grade Level Requirement for Students in All School Districts On the first day of each school year, a student must be at his/her proper grade level. To be considered to be at the proper grade level, a student must have been enrolled during the previous grading period, and must be on schedule to graduate on the first day of school. For the verification of this provision, all course work, including summer and correspondence work, must be complete by the first day of the school year for the student body.

a) **Eligibility During First Year Following Initial Enrollment in Grade Nine (9)** For a student in the ninth grade to be considered to be on schedule to graduate, that student must have been promoted from grade eight (8) to grade nine (9), and be in compliance with all other bylaws.

b) **Eligibility During Second Year Following Initial Enrollment in Grade Nine (9)** For a student in the second year following initial enrollment in grade nine (9) (normally grade 10) to be on schedule to graduate, that student must have received twenty (20) percent of the requirements of the school/district for graduation prior to the first day of the second year following initial enrollment in grade nine (9), and be in compliance with all other bylaws.

c) **Eligibility During Third Year Following Initial Enrollment in Grade Nine (9)** For a student in the third year following initial enrollment in grade nine (9) (normally grade 11) to be on schedule to graduate, that student must have received forty-five (45) percent of the requirements of the school/district for graduation prior to the first day of the third year following initial enrollment in grade nine (9), and be in compliance with all other bylaws.

d) **Eligibility During Fourth Year Following Initial Enrollment in Grade Nine (9)** For a student in the fourth year following initial enrollment in grade nine (9) (normally grade 12) to be on schedule to graduate, that student must have received seventy (70) percent of the requirements of the school/district for graduation prior to the first day of the fourth year following initial enrollment in grade nine (9), and be in compliance with all other bylaws.

Sec. 2) One-time Reinstatement of Students Failing to Meet Normal Progress Requirements The eligibility of a student failing to meet the provisions of subsections (a) through (d) above may be reinstated a maximum of one time. This reinstatement is possible by the student passing twenty-five (25) percent of the requirements of the district for graduation during the year he/she is ineligible. He/she, upon reinstatement, shall remain eligible as long as he/she passes twenty-five (25) percent of the requirements of the district for graduation during each subsequent year.

Sec. 3) Continual Progress During the School Year

On a weekly basis, a student shall also be passing (cumulatively for the credit period) in at least four hours of instruction as defined

by Kentucky Board of Education regulations (of the six hours of instruction required) or the equivalent of four hours of instruction acceptable to graduation in order to be eligible to participate in athletics during the subsequent week (Monday through Sunday period) and through the next opportunity to examine grades in this manner. On its membership form, each member school shall designate the day of the week, approved and documented through local policies, that the grades shall be examined for the student athletes within that school in order to make this determination.

Absent any other determination, this weekly check of grades shall be conducted on each Friday of each grading period or on the last day of classes preceding that particular Friday if no classes are conducted on that particular Friday. No special tests or recitations are to be given for the purpose of making the student eligible.

Sec. 4) Pre-Secondary School Students

Pre-secondary school students (grades 1-8) participating in athletics representing a KHSAA member school shall be passing in at least two-thirds of the subjects in which they are currently enrolled in order to be eligible.

(Case situations related to this bylaw appear on pages 19 through 43).

3. Grades at Lone Oak High School are checked every Friday. Students must be passing 4 out of 6 classes. Students that are failing 3 or more classes will be ineligible to practice or play the next week Monday through Sunday. Grade will be checked on the next Friday for their eligibility for the next Monday through Sunday grading period.

* Coaches/Sponsors have the option of requiring a higher expectation of their players/participants.

B. Transfer Students: All transfer students shall complete the Athletic Information Sheet before they are eligible to tryout, practice, or participate in any manner for any athletic team. One copy of each form is retained by the Registrar and the second copy is retained by the Athletic Department. The Registrar will identify all transfer students and notify the Athletic Administrator of their pending enrollment. Likewise, all students who enroll at Lone Oak High School will fill out a Registration & Enrollment Form with an athletic information section which will be distributed from the guidance office, to an office administrator, to the athletic office and the respective coach. **Coaches must receive notification in writing from the athletic office on the eligibility status of any transfer student. It is imperative that students having participated on any varsity team at any time at a previous school indicate that on the Athletic Information and the Registration Form. No transfer student is eligible to tryout or practice on any team until he/she meet with the Athletic Administrator and complete the appropriate KHSAA Transfer Forms and until the KHSAA approves the player's eligibility pursuant to KHSAA Bylaw 6.** If the student has repeated any grade, the Registrar will obtain the appropriate documentation and transcripts to provide to the Athletic Administrator. The Athletic Administrator will inform the coach that the student has complied with KHSAA eligibility transfer requirements prior to any athletic participation.

C. Health and Safety

1. Medical clearance: A yearly physical examination is required. The physical for provided by the KHSAA must be completed by a physician (not a nurse or nurse practitioner) and submitted to the coach prior to participation. The physical covers all sports for the entire school year. The form will be kept on file in the athletic office.
2. Report of injury: The student athlete shall promptly report all injuries and illnesses or medical conditions, regardless of severity, and whether or not caused by athletic competition, to the head coach of the sport in which the athlete is competing. Coaches must fill out accident/injury reports. One copy should be retained in the office and one copy given to the Athletic Director.
3. Injured athletes: No athlete shall be permitted to participate in a practice or athletic event if the nature or extent of an injury to the athlete dictates that the athlete should be withheld. When doubt exists as to the ability of the athlete to practice or compete, competent medical advice shall be solicited.
4. Medical release to return to competition: When there is any question of an athlete's medical fitness to practice or compete, coaches or school officials may require the athlete to provide a release to participate, signed by a licensed medical doctor, before allowing the athlete to engage in further athletic activity.
5. Insurance: The McCracken County Board of Education will provide accident insurance for the 2008-2009 school year for all students. Please note that the insurance is "secondary" to any other insurance coverage the family may have and will pay only on eligible medical expenses not payable by other sources of coverage. If you do not have other coverage, then this policy will be primary.

Claims Procedure

1. Pick up a Claim Form from the school. The Claim Form must be completed in its entirety. Section I should be completed by the parents or guardians and Section II must be completed by a school secretary, and signed by the principal.
2. The date of the accident and a detailed description are required to verify that the incident was school-related.
3. The claim form should be submitted to the school's insurance company within 60 days of the accident. THIS COVERAGE HAS A BENEFIT PERIOD OF TWO YEARS FROM THE DATE OF THE ACCIDENT.
4. In addition to the claim form, the company will also require the following in order to make payment:
 - Itemized physician, hospital, or other provider bill that includes the diagnostic and procedure codes
 - You must present a claim to your insurance company FIRST. The Explanation of Benefits from your carrier should also be submitted to the school's insurance company.

D. Dress & Grooming: A member of an athletic team is expected to be well groomed. Appearance, expression and actions always influence people's opinions of athletes, the team and the school. Rules regulating the dress or grooming of athletes may be developed by the

coach for each respective sport. Prohibitions shall be limited to prohibiting forms of dress or grooming which present health or safety concerns for the athlete or other athletic participants.

E. Attendance

Student athletes must be in attendance at school for at least one half a day school or at a school function on the day of the event to be eligible to compete. Students absent from school on Friday with a contest the following day (Saturday) will be eligible to participate provided the absence was an excused absence. Attendance at all games and practices shall be governed by the Board Policy on attendance. The coaches may also authorize and excuse absences for other reasons not outlined at their discretion.

F. Participation of Middle School Students on LOHS Teams

Sports were divided into four categories: Middle school participation governed by KHSAA policy, sports having same season for both high school and middle school, sports having different middle school season and high school season, and basketball.

1. Football is considered a contact sport by the KHSAA. Middle school athletes are not allowed to participate in high school football.
2. Volleyball, track, cross-country, golf, tennis, swimming, and baseball will be allowed to use middle school athletes on the high school level at the coach's discretion.
3. Soccer and softball have different middle school and high school seasons. Athletes may participate at either the high school or middle school level at the discretion of the coach or parents of the athletes involved. (Soccer is considered a contact sport; therefore middle school athletes may not practice or play in games with high school junior and senior athletes.)
4. Basketball has the same season for high school and middle school. At the high school coach's discretion along with parental consent, any middle school athlete may be invited to participate at the high school level as long as the decision is made before the middle school season begins. If a middle school athlete begins his/her middle school season, he/she must finish the middle school season and then may be invited to participate at the high school if the high school coach and parent so desire.

Student Conduct

LOHS athletes are a great asset to our school and with this comes the responsibility of being an example to students of all ages in our district. Therefore, this athletic policy is to be followed all year, including the summer by students who participate in athletics at LOHS. On any occasion that a student's behavior also violates general school rules, regular student discipline will be handed down in addition to any consequences that the student athlete incurs under this athletic policy.

- A. Training Rules:** The coach of each sport may establish training rules which will apply to each student athlete participating in the sport, provided however, such rules shall not be inconsistent with the rules provided herein. Training rules, the purpose of which shall be to enhance the educational experience, provide for the safety, or protect the physical well-being of the student athlete shall be subject to the approval of the superintendent of schools.
- B. Disciplinary Rules:** In the instance of violation of school policies, rules, or regulations or this Athletic Code by a student athlete, nothing herein or elsewhere shall prohibit the school district from imposing disciplines available under this Athletic Code and classroom-academic penalties for the same offense.
- C. Attendance at practices, meets, games, and athletic events:** For the protection of the health and safety of athletes, and to protect the integrity of the team, team members shall be required to attend all regularly scheduled practices, meets, games, and events of the team. Failure to attend by a team member may result in discipline including suspension or dismissal from the team.
- D. Drugs, Alcohol and/or Tobacco:** Except with respect to prescribed medication used by the person for whom such drugs were prescribed in the manner intended by the prescribing medical doctor, the possession, use, distribution, purchase or sale of any alcoholic beverage, drug paraphernalia, controlled substance, look-alike, tobacco or tobacco product or any other substance when taken into the human body is intended to alter mood or mental state, including any item or substance which is represented by a student to be, or is believed by a student to be any of the foregoing, regardless of the true nature or appearance of the substance, is prohibited in school buildings, on school buses and on all other school property or school related events at any time. This prohibition shall include all school sponsored or school related activities, whether held before or after school, evenings or weekends and shall additionally include a prohibition of use by a student athlete in any instance where the school can demonstrate a reasonable connection to the school program or school athletic program. For purposes of this policy, students who are under the influence of prohibited substances shall be treated in the same manner as though they had prohibited substances in their possession.

E. Athletic Department and Conduct: Behavioral misconduct by student athletes shall not be tolerated. Behavioral misconduct shall include but shall not be limited to:

- a. Insubordination
- b. Any behavior which is negligently or intentionally injurious to a person or property or which places a person or property at risk of injury or damage
- c. Any behavior which disrupts the appropriate conduct of a school program or activity
- d. Hazing or harassment of any kind
- e. Use of profanity
- f. Exhibition of bad sportsmanship
- g. Violation of the Athletic Code or other school policies, rules or regulations.

F. Imposition or Discipline: Coaches and school officials shall impose disciplines appropriate to the offenses committed. The discipline imposed for any particular offense shall be at the sole and exclusive discretion of the coaching staff and other school officials. In addition to the disciplinary action outlined in the Student Code of Conduct and the Athletic Code, the coach/sponsor has the option to discipline the athlete further regardless of whether or not the respective sport is in season.

G. Disciplinary Suspension of Athletes: The coach or school administration may suspend a student athlete from athletic participation for violation of the Athletic Code, training rules, or other appropriate policies, rules or regulations of the school district. Suspension is defined as removal of the athlete from participation in one or more athletic practices, games, meets or other activities but less than dismissal for the balance of the season. The following procedures shall apply to disciplinary suspensions:

- a. Prior to suspension, the athlete shall be provided an explanation of the charges against him. The athlete shall be given an opportunity to present his version of the incident to the suspending school official.
- b. Upon written request, the athlete may appeal his or her disciplinary suspension to the athletic director, who shall have final and binding authority to determine the appropriateness of the suspension. The athletic director may refer to the Athletic Disciplinary Committee, which will consist of the athletic director, administrator and three elected head coaches, for a final decision if extenuating circumstances are present.

- H. Disciplinary Dismissal of an Athlete from a Team:** The coach or school administration may dismiss a student athlete from athletic participation for violation of the Athletic Code, training rules, or other appropriate policies, rules or regulations of the school district. Dismissal from a team is defined as removal of the athlete from participation for the balance of a season. The following procedures shall apply to disciplinary dismissals:
- a. Prior to dismissal, the athlete shall be provided an explanation of the charges against him. The athlete shall be given an opportunity to present his version of the incident to the dismissing school official.
 - b. Upon written request, the athlete may appeal his or her disciplinary suspension to the athletic director, who shall determine the appropriateness of the dismissal.
 - c. If the student-athlete is dissatisfied with the conclusions reached by the athletic director, the student may request a hearing before the Athletic Disciplinary Committee which shall schedule a hearing for its next regularly scheduled meeting unless the request for the hearing is received within seven calendar days of a regularly scheduled meeting in which case the hearing shall be scheduled for a date within twenty one days of receipt by the Athletic Disciplinary Committee of the request for hearing. At this hearing, the student shall be provided an explanation of the charges against him or her and may present evidence in his or her defense. The decision of the Athletic Disciplinary Committee shall be final and binding.

NCAA Requirements

The athletic program at Lone Oak High School has many student athletes who complete their competitive athletic participation when they graduate from high school. However, some LOHS student athletes do have the talent, desire, and opportunity to continue their participation at institutions of higher learning.

A. College recruitment policy: In the event an athlete should be contacted personally by a college recruiter, he/she has an obligation to work through his/her coach and the athletic department. The coach should be informed of such a contact as soon as possible. College recruitment information is available in the athletic office and in the guidance office.

B. College eligibility: To provide the best and most current information to student athletes and their families, Lone Oak High School recommends the NCAA website. For access, go to www.NCAA.org and click **Rules & Eligibility** in the main menu. From this screen, click on **Student-Athlete Eligibility and Recruiting** for access to a slide show that will answer most of the questions that arise in the process of preparing for collegiate athletics or click on the **Initial Eligibility Clearinghouse** button for registration information. Each fall, the NCAA Clearinghouse sends forms to high schools throughout the country. These forms are kept on file in the Lone Oak High School Guidance Office. For more information about the Clearinghouse go to www.NCAAClearinghouse.net

To contact the NCAA Clearinghouse:

NCAA Clearinghouse

301 ACT Drive

P.O. Box 4043

Iowa City, IA 52243-4043

877-262-1492 (customer service M-F 8 AM – 5 PM CST)

319-337-6222 (fax)

NCAA

P.O. Box 6222

Indianapolis, IN 46206 – 6222

317-917-6222 (customer service M-F 12 PM – 4 PM)

Awards and Recognition:

1. "All-Purchase Team" Boys' and Girls' Basketball

This is an award that is sponsored and given by the Paducah Sun Newspaper every year. It has been given for the Boys' Basketball players since 1944. They began this for the Girls' Basketball players in 1976. This distinction is given to 10 boys' players and 10 girls' players and is voted on by the 1st Region, boys and girls basketball coaches. One boy and one girl are voted on as the "Purchase Player of the Year". The Paducah Sun Newspaper collects all the votes of the coaches and tallies them. They then are displayed in the sports section of the Sun for everyone in the 1st Region to see. Lone Oak High School has a sign in John Robinson Area that recognizes all players (boys' and girls') from Lone Oak High School that have been selected by the 1st Region coaches as "Purchase Players of the Year". To date these are Lone Oak High Schools' "Purchase Players of the Year";

Boys'

Barry Tidwell 1978

John Griffith 1993

Chris Golightly 1994

Chase Denson 2006

Girls'

Tammy Burton 1983

Heidi Seltzer 1999 and 2001

Katee Buchanan 2004

2. "Purchase Coach of the Year" Boys' and Girls' Basketball

This is an award is sponsored and given by the Paducah Sun Newspaper every year. The award is voted on by the boys' and girls' coaches of the 1st Region. The Paducah Sun collects and tallies all the votes from the coaches. They then display the winners in the newspaper with the "All-Purchase Players Team" and "Purchase Players of the Year" for the boys' and the girls'. Lone Oak High School recognizes the accomplishments of the Lone Oak coaches (boys' and girls') that have been selected by the 1st Region coaches as "Coaches of the Year". These names are placed on the same sign as the "Purchase Players of the Year" from Lone Oak High School.

Boys'

Don Stevenson 1955

Albert Norris 1978

Roy McKamey 1994

Andy Poore 2004

Girls'

Cliff Owen 1981

Gerald Vaughn 2001

3. District and Regional Accomplishment Signs in the Gym:

These signs are used to recognize team accomplishments of the boys' and girls' athletic teams, cheerleaders and the band. These accomplishments represent:

- A. District Championships
- B. District Runner-up
- C. Regional Championships
- D. Regional Runner-up
- E. State Competition accomplishments

Groups that have signs with these outstanding seasons are:

Lone Oak High School Kentucky Colonels Band

Boys'	Girls'
Baseball	Softball
Basketball	Basketball
Football	Cheerleading
Tennis	Tennis
	Volleyball

4. Banners in the Gym:

Banners are used to recognize the boys' and girls' teams or individuals that have won a regional championship or higher accomplishment.

5. Individual Team Awards

Lettering Criteria by Sport at LOHS

The following information covers the sports at Lone Oak High School that offer a letter in Varsity competition. This criteria will be reviewed and updated when there is a coaching change or when the school administration and coaches feel that there need to be clarification or changes made.

Earning a letter in baseball will be accomplished by:

- By the player having participated in 50% of all Varsity games that are played during the season.

Earning a Letter in Girls' or Boys' basketball will be accomplished:

- By a player if he/she plays in 25% of the quarters of the Varsity game schedule. For example: If there are 30 games played during the varsity season, a letter would be earned if the player made an appearance in 30 varsity quarters during that season. A bar would be earned if that is repeated in any subsequent year.
- By a manager if he/she completes 2 years of service to the program.

Earning a letter in Cheerleading will be accomplished by:

- Criteria needed from sponsors.

Earning a letter in Cross Country (Boys' and Girls') will be accomplished by:

- The student/ Athlete must first qualify for the regional track meet (minimum of 4 regular season track or C.C meets must be run). This is only for participating members not alternates.

Earning a letter in Fastpitch Softball will be accomplished by:

- Student athletes must have start at least 2 Varsity games or played in 14 innings on the varsity level.

Earning a letter in Football will be accomplished by:

- Participating in 1 quarter beyond 50% of all quarters the varsity football team plays for the year.

Earning a letter in Golf (boys' and girls') will be accomplished by:

- Being in the top 6 in 75% of all regular season varsity matches.
- Being in the top 6 of an individual regular season varsity tournament.
- Qualifying for a regional tournament.
- Or having participated for 4 years in golf and not previously lettered.

Earning a letter in Swimming (boys' and girls') will be accomplished by doing all the following:

- Attend 50% of practices (of the group you belong)
- Attend 50% of Varsity meets &/or 2 (which ever is greater) in order to qualify for regional.
- Participate in the regional swim meet.

Earning a letter in Tennis (boys' and girls') will be accomplished by:

- The student/ athlete must play in 50% of all matches played.

Earning a letter in Track (boys' and girls') will be accomplished by:

- The student/ Athlete must first qualify for the regional track meet (minimum of 4 regular season track or C.C meets must be run). This is only for participating members not alternates. Pertains to only varsity track meets.

Earning a letter in Volleyball will be accomplished by:

- The student/ Athlete must have played in 20 games during the volleyball season.

Lone Oak High School Policy on Equitable Travel and Per Diem Allowances:

Travel:

All Lone Oak High School Athletic Teams (Boys' and Girls') are to use McCracken County Board of Education approved transportation. McCracken County School buses may be scheduled through the Athletic Director or suburban through the Assistant Principal. These services will be addressed equitably for both male and female athletics. Any other mode of transportation must be approved by the board and by the Lone Oak High School Principal.

Per Diem Allowances for male and female sports:

When Athletic teams are traveling and must stay or play and come home, it is understood that lodging and food must be given to the athletes. Such trips must be approved by the Principal and the McCracken County Board of Education. All trips must follow guidelines of Title IX and Board Policy for equity for the male and female athletic teams for lodging and meals.

At anytime whether home or away allowances for meals for male or females will not exceed \$5.00 per meal pre person (same allowance the KHSAA allows for teams in state competition). (All expenditures must be approved.)

Lone Oak High School Uniform Replacement Policy:

All uniform replacements or new purchases must be approved by the Principal. All uniform purchases must follow the Redbook procedures that have been sent up by the State of Kentucky. Purchase Orders must be filled out and approved by the Principal before orders are placed.

Sets of Uniforms should not have to be replaced every year. It is understood that there will be uniforms that get damaged or other extenuating circumstances may arise. In the cases the purchases still must follow Redbook policies and must be approved by the Principal.

The Kentucky High School Athletic Association recommends for the compliance of Title IX that each school has a uniform replacement schedule in place. This schedule is to be followed by the school and the booster clubs. It is recommended that teams be placed on a four year rotation for replacement of sets of uniforms. The replacement schedule for Lone Oak High School is as follows:

Teams	Year
Baseball	2012
Softball	2013
Basketball Boys'	2011
Basketball Girls'	2013
Football	2012
Volleyball	2012
Tennis Boys' and Tennis Girls'	
Swimming Boys' and Swimming Girls'	
Track Boys' and Girls' Track	2012
Cross Country Boys' and Cross Country Girls'	
Soccer Boys'	2010
Soccer Girls'	2011
Golf Boys' and Girls'	



Kentucky High School Athletic Association

2280 Executive Drive ° Lexington, KY 40505 ° www.khsaa.org ° (859)299-5472 (859)293-5999 (fax)

KENTUCKY MEDICAL ASSOCIATION / KENTUCKY HIGH SCHOOL ATHLETIC ASSOCIATION PROCEDURE FOR AVOIDING HEAT INJURY / ILLNESS THROUGH ANALYSIS OF HEAT INDEX AND RESTRUCTURING OF ACTIVITIES

Complete listing of support documents available at <http://www.khsaa.org/sportsmedicine/>

Original Procedure Made by the Kentucky Medical Association Committee on Physical Education and Medical Aspects of Sports to and for the Kentucky High School Athletic Association and adopted by the KHSAA Board of Control as recommendation for all schools, May, 2002

On site Procedures Revised by KHSAA Board of Control, February 13, 2003

On site procedures further Revised and Made Mandatory for all schools by the KHSAA Board of Control, May, 2005

On site procedures further revised with respect to testing instruments, March, 2007

INTRODUCTION

Following months of study, after one year of implementation and in an effort to help protect the health and safety of student-athletes participating in high school sports, the Kentucky Medical Association Committee on Physical Education and Medical Aspects of Sports issued a recommended procedure to the Kentucky High School Athletic Association for immediate implementation in 2002. This procedure called for the determination of the Heat Index (using on site devices to measure Temperature and Relative Humidity), and a guideline for activity to be conducted at that time based on the Heat Index reading. Though other procedures and measurements were considered, the application of the Heat Index appeared to be most readily implementable on a state wide basis, and appeared to be reliably tested in other areas.

Through the first five years of use of the procedure, minor adjustments were made in the reporting requirements, and the on site devices to be used. In May, 2005, the Board of Control through its policies directed that all member school comply with the testing and reporting requirements. In October, 2006, the member schools of the Association overwhelming approved at their Annual Meeting, a proposal to make such reporting not simply a Board of Control policy, but a school supported and approved Bylaw as it approved Proposal 9 to amend KHSAA Bylaw 17 (full details are available at

<http://www.khsaa.org/annualmeeting/20062007/annualmeetingproposals20062007.pdf>)

In March, 2007, the Kentucky Medical Association Committee on Physical Education and Medical Aspects of Sports recommended the elimination of all devices with the exception of the Digital Sling Psychrometer as a means of measuring at the competition/practice site.

GENERAL PROCEDURE

The procedure calls for the determination of the Temperature and Relative Humidity at the practice / contest site using a Digital Sling psychrometer. It is important to note that media-related temperature readings (such as the Weather Channel, local radio, etc.), or even other readings in the general proximity are not permitted as they may not yield defensible results when considering the recommended scale. The readings must be made at the site.

Neither the KHSAA nor KMA has endorsed any particular brand of psychrometer and receives no endorsement fee or other consideration for any device sold. There are several models on the market that will properly perform the functions, including companies such as Medco and others. The KHSAA or your local Certified Athletic Trainer has easy access to catalogs with this type of equipment. In addition, the KHSAA web site has a variety of links to various dealers.

INDOOR AND OUTDOOR VENUES

While much of the original discussion concerning this package centered on outdoor sports, the Kentucky Medical Association Committee on Physical Education and Medical Aspects of Sports has advised the KHSAA that indoor sports, particularly in times of year or facilities where air conditioning may not be available, should be included in the testing. Such has been approved by the Board of Control as policy requirement. The recommendations contained in this package clearly cover both indoor and outdoor activity, as well as contact and non-contact sports.

PROCEDURE FOR TESTING

Thirty (30) minutes prior to the start of activity, temperature and humidity readings should be taken at the practice / competition site.

The information should be recorded on KHSAA Form GE20 and these records shall be available for inspection upon request. All schools will be required to submit this form. For 2007, there will be online reporting for submitting this form.

The temperature and humidity should be factored into the Heat Index Calculation and Chart and a determination made as to the Heat Index. If schools are utilizing a digital sling psychrometer that calculates the Heat Index, that number may be used to apply to the regulation table.

If a reading is determined whereby activity is to be decreased (above 95 degrees Heat Index), then re-readings would be required every thirty (30) minutes to determine if further activity should be eliminated or preventative steps taken, or if an increased level of activity can resume.

Using the following scale, activity must be altered and / or eliminated based on this Heat Index as determined –

Under 95 degrees Heat Index	<ul style="list-style-type: none"> ❖ All sports <ul style="list-style-type: none"> ➤ Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire. ➤ Optional water breaks every 30 minutes for 10 minutes in duration ➤ Ice-down towels for cooling ➤ Watch/monitor athletes carefully for necessary action.
95 degrees to 99 degrees Heat Index	<ul style="list-style-type: none"> ❖ All sports <ul style="list-style-type: none"> ➤ Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire. ➤ Mandatory water breaks every 30 minutes for 10 minutes in duration ➤ Ice-down towels for cooling ➤ Watch/monitor athletes carefully for necessary action. ❖ Contact sports and activities with additional equipment <ul style="list-style-type: none"> ➤ Helmets and other possible equipment removed while not involved in contact. ❖ Reduce time of outside activity. Consider postponing practice to later in the day. ❖ Re-check temperature and humidity every 30 minutes to monitor for increased Heat Index.
100 degrees to 104 degrees Heat Index	<ul style="list-style-type: none"> ❖ All sports <ul style="list-style-type: none"> ➤ Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire. ➤ Mandatory water breaks every 30 minutes for 10 minutes in duration ➤ Ice-down towels for cooling ➤ Watch/monitor athletes carefully for necessary action. ➤ Alter uniform by removing items if possible ➤ Allow for changes to dry t-shirts and shorts. ➤ Reduce time of outside activity as well as indoor activity if air conditioning is unavailable. ➤ Postpone practice to later in day. ❖ Contact sports and activities with additional equipment <ul style="list-style-type: none"> ➤ Helmets and other possible equipment removed if not involved in contact or necessary for safety. If necessary for safety, suspend activity. ❖ Re-check temperature and humidity every 30 minutes to monitor for increased Heat Index.
Above 104 degrees Heat Index	<ul style="list-style-type: none"> ❖ All Sports <ul style="list-style-type: none"> ➤ Stop all outside activity in practice and/or play, and stop all inside activity if air conditioning is unavailable.

This procedure is to be used until such time as the temperature is below 80 degrees as no combination of heat and humidity at that level will result in a need to curtail activity. The KHSAA will use September 15 as the standard date for the return of the Heat Index forms but reminds its member schools that the monitoring shall continue until such a time that no combination of heat and humidity at that level will result in a need to curtail activity.

SUMMARY

Though much more scientific information and other alternative methods for determining Heat Index and participation restrictions are being studied, these initial steps should help ensure the health and safety of the participants in high school sports. Adherence to these guidelines represents a conscious effort by the interscholastic community to emphasize health and safety on a much higher level than any loss of competitive preparation. Any further revisions or enhancements will be distributed to the members of the KHSAA.

Heat Index Calculation and Chart Temperature (in Fahrenheit)

Relative Humidity at Site

	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99
100	84	87	91	95	99	103	107	112	116	121	126	132	137	143	149	155	161	168	174	181	188
99	84	87	91	94	98	102	106	111	116	120	125	131	136	142	147	153	160	166	172	179	186
98	84	87	90	94	98	102	106	110	115	120	124	130	135	140	146	152	158	164	171	177	184
97	84	87	90	94	97	101	105	110	114	119	124	129	134	139	145	151	157	163	169	176	182
96	83	87	90	93	97	101	105	109	113	118	123	128	133	138	144	149	155	161	167	174	180
95	83	86	90	93	97	100	104	108	113	117	122	127	132	137	142	148	154	160	166	172	179
94	83	86	89	93	97	100	104	108	112	116	121	126	131	136	141	147	152	158	164	170	177
93	83	86	89	92	96	99	103	107	111	116	120	125	130	135	140	145	151	157	162	169	175
92	83	86	89	92	95	99	103	106	111	115	119	124	129	133	139	144	149	155	161	167	173
91	83	86	89	92	95	99	102	106	110	114	118	123	127	132	137	143	148	154	159	165	171
90	83	86	88	91	95	98	102	105	109	113	117	122	126	131	136	141	147	152	158	164	170
89	83	85	88	91	94	98	101	105	109	113	117	121	125	130	135	140	145	151	156	162	168
88	83	85	88	91	94	97	101	104	108	112	116	120	125	129	134	139	144	149	155	160	166
87	83	85	88	91	94	97	100	104	107	111	115	119	124	128	133	138	143	148	153	159	164
86	83	85	88	90	93	96	100	103	107	110	114	118	123	127	132	136	141	146	152	157	163
85	83	85	87	90	93	96	100	102	106	110	113	117	122	126	130	135	140	145	150	156	161
84	82	85	87	90	93	96	100	102	105	109	113	117	121	125	129	134	139	144	149	154	159
83	82	85	87	90	92	95	99	101	105	108	112	116	120	124	128	133	137	142	147	152	158
82	82	85	87	89	92	95	99	101	104	108	111	115	119	123	127	132	136	141	146	151	156
81	82	84	87	89	92	94	97	100	103	106	110	114	118	122	126	131	135	140	144	149	155
80	82	84	86	89	91	94	97	100	103	106	110	113	117	121	125	129	134	138	143	148	153
79	82	84	86	89	91	94	97	100	103	106	109	113	116	120	124	128	133	137	142	146	151
78	82	84	86	88	91	93	96	100	102	105	108	112	115	119	123	127	131	136	140	145	150
77	82	84	86	88	90	93	96	100	102	105	108	111	115	118	122	126	130	135	139	144	148
76	82	84	86	88	90	93	95	98	101	104	107	110	114	117	121	125	129	133	138	142	147
75	82	84	85	88	90	92	95	98	100	103	106	109	113	116	120	124	128	132	136	141	145
74	82	83	85	87	89	92	94	97	100	103	106	109	112	116	119	123	127	131	135	140	144
73	82	83	85	87	89	91	94	96	99	102	105	108	111	115	118	122	126	130	134	138	143
72	82	83	85	87	89	91	93	96	99	101	104	107	111	114	117	121	125	129	133	137	141
71	81	83	85	87	89	91	93	96	98	101	104	107	110	113	116	120	124	127	131	136	140
70	81	83	85	86	88	90	93	95	98	100	103	106	109	112	116	119	123	126	130	134	138
69								95	97	100	102	105	108	111	115	118	122	125	129	133	137
68								94	97	99	102	105	108	111	114	117	121	124	128	132	136
67								94	96	98	101	104	107	110	113	116	120	123	127	131	135
66								93	96	98	101	103	106	109	112	115	119	122	126	129	133
65								93	95	97	100	103	105	108	111	114	118	121	125	128	132
64								93	95	97	99	102	105	108	110	114	117	120	123	127	131
63								92	94	97	99	101	104	107	110	113	116	119	122	126	130
62								92	94	96	99	101	103	106	109	112	115	118	121	125	128
61								91	93	96	98	100	103	105	108	111	114	117	120	124	127
60								91	93	95	97	100	102	105	107	110	113	116	119	123	126
59								91	93	95	97	99	102	104	107	109	112	115	118	122	125
58								90	92	94	96	98	101	103	106	109	111	114	117	120	124
57								90	92	94	96	98	100	103	105	108	111	113	116	119	123
56								90	92	93	95	98	100	102	105	107	110	113	115	118	122
55								89	91	93	95	97	99	101	104	106	109	112	114	117	120
54								89	91	93	94	96	98	101	103	106	108	111	114	116	119
53								89	90	92	94	96	98	100	103	105	107	110	113	116	118
52								88	90	92	94	96	98	100	102	104	107	109	112	115	117
51								88	90	91	93	95	97	99	101	104	106	108	111	114	116
50								88	89	91	93	95	97	99	101	103	105	108	110	113	115
49								88	89	91	92	94	96	98	100	102	105	107	109	112	115
48								87	89	90	92	94	96	98	100	102	104	106	109	111	114
47								87	88	90	92	93	95	97	99	101	103	105	108	110	113
46								87	88	90	91	93	95	96	98	100	103	105	107	109	112
45								87	88	89	91	92	94	96	98	100	102	104	106	109	111
44								86	88	89	91	92	94	96	98	100	101	103	106	108	110
43								86	87	89	90	92	93	95	97	99	101	103	105	107	109
42								86	87	88	90	91	93	95	97	99	100	102	104	106	109
41								86	87	88	90	91	93	94	96	98	100	101	103	106	108
40								85	87	88	89	91	92	94	95	97	99	101	103	105	107
39								85	86	88	89	90	92	93	95	97	99	100	102	104	106
38								85	86	87	89	90	91	93	95	97	99	100	102	104	106
37								85	86	87	88	90	91	93	94	96	98	100	101	103	105
36								85	86	87	88	89	91	92	94	95	97	99	100	102	104
35								85	86	87	88	89	90	92	93	95	97	99	100	102	104
34								84	85	86	88	89	90	92	93	94	96	98	100	101	103
33								84	85	86	87	89	90	91	93	94	96	98	99	101	102
32								84	85	86	87	88	89	90	91	92	94	95	97	99	100
31								84	85	86	87	88	89	90	92	93	94	96	98	99	101
30								84	85	86	87	88	89	90	92	93	94	96	98	99	101
29								84	85	86	87	88	89	90	91	93	94	95	97	99	100
28								84	84	85	86	88	89	90	91	92	94	95	97	99	100
27								83	84	85	86	87	88	90	91	92	93	95	97	99	100
26								83	84	85	86	87	88	89	91	92	93	94	96	98	100
25								83	84	85	86	87	88	89	90	91	93	94	95	97	99
24								83	84	85	86	87	88	89	90	91	92	94	95	97	99
23								83	84												

LOHS Athletic Handbook

Student/Athlete Signature Form

By signing below I am verifying that I have received a copy of the Lone Oak High School Athletic Handbook and have reviewed all policies, rules and regulations referred to in the handbook.

Date received _____

Students Signature _____

Lone Oak High School

Student Athletic Information Form

Sport _____ Date _____

Name _____ Grade _____
(First, Middle, Last)

Place Of Birth _____
(County, State)

Date Of Birth _____
(Month, Day, Year)

Social Security Number _____

Address _____

City/State/Zip _____

Phone _____

Parents Name _____

Number of Years as Varsity Player since 9th grade _____

Number of Years as Junior Varsity Player since 9th grade _____

Number of Years Varsity or Junior Varsity before 8th Grade _____

Varsity Number _____ Position _____

Height _____ Weight _____

All information to be used for KHSAA reports of eligibility an rosters.

McCracken County Public Schools

Registration Form/Enrollment Information

Revised 05/02/08

Date of Enrollment _____ Teacher _____ Bus Number _____
 Room/Grade _____ Not Transported _____
 Locker Number _____

Student Census/Enrollment Information

Please Print

Student's Full Legal Name as shown on Birth Certificate

Last _____ First _____ Middle (Full) _____ Nickname _____

Grade _____ Gender M F Date of Birth _____ State & County of Birth _____
 MM/DD/YY

SS# _____

Household/Residence Address _____ Apt/
 Bldg _____

(must have a physical address, not a PO Box) PROOF OF RESIDENCE MAY BE REQUIRED

City _____ County _____ State _____ Zip _____

Household Telephone (_____) _____ Student Cell Phone (_____) _____

Ethnicity

White (Not of Hispanic Origin) Black (Not of Hispanic Origin) Asian or Pacific Islander
 American Indian or Alaskan Native Hispanic Other

Previous School Information

Has Student attended another McCracken County School? Y N
 School _____ Grade _____ School Year _____

Last School Attended Outside the McCracken County School District
 School _____ City _____ State _____ Grade _____
 Last Date of Attendance _____ Phone Number _____

Is your child presently under an expulsion or suspension order from any other school district? Y N

Is your child presently under consideration for expulsion or suspension? Y N

Is your child presently involved in the Juvenile Justice system? Y N

ELA Information

Does the student speak a language other than English? Y N

Is a language other than English regularly used by the student's parents or guardians? Y N

What language does the student speak/understand?

The student speaks No English Some English Another Language and English Equally
 Mostly or Only English

What language is spoken in the home by the parent/guardian? _____

What language do you prefer for school communications English Spanish Other (Please Specify) _____

Special Services Information

Is your child receiving special education services? Y N

If yes, please explain.

Note When a student does not reside with both parents, additional information must be on file so that the school can determine who is responsible for the student. If there are applicable legal documents, such as custody papers, a copy should be provided to the school.

Other Children Living in the Home

Please Print

First Name	Middle	Last Name	DOB	Gender	Relation to Student	School Attending

TO: FOOTBALL COACH AND ATHLETIC DIRECTOR

RE: 2009 FOOTBALL SCHEDULE

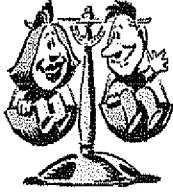
WCMT RADIO IN MARTIN WOULD LIKE TO INCLUDE YOUR 2009 FOOTBALL SCHEDULE IN OUR SPORTS SCHEDULE BOOK AGAIN THIS YEAR. PLEASE FAX YOUR SCHEDULE TO 731-587-5079 OR EMAIL TO cprince@crunet.com.

THANK YOU AND WE ARE LOOKING FORWARD TO RECEIVING YOUR SCHEDULE TODAY.

PLEASE CALL 731-587-9526 IF YOU HAVE ANY QUESTIONS.

THANK YOU!

CINDY PRINCE
THUNDERBOLT BROADCASTING
MARTIN, TN. 38237



Kentucky High School
Athletic Association
Title IX Audit Visit



Sign In Sheet

School: Lone Oak

Date of Visit: _____

HS Title IX Coordinator: _____ Phone: _____

Address: _____

District Title IX Coordinator: _____ Phone: _____

Address: _____

Personnel in Attendance at the Title IX Audit Visit

	Name Please Print	Title Please Print	Phone Number
--	----------------------	-----------------------	--------------

1	Don Heine	Parent / Board Member	270-554-2026
2	Andy Poore	Teacher / Coach	270-534-4541
3	Kelly Hack	Teacher	534-4150 ext 6186
4	Collin Pope	Student	554-7874
5	Richard Brantley	Parent	554-0908
6	Van Waldrop	Asst Supt	538-4000
7	Brian Harper	Principal	538-4110
8	Susan Helmreich	Teacher	538-4110
9	Jerry McCaughey	Audi	
10	Andre Boer		
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

Signature KHSAA Title IX Auditor

Signature KHSAA Title IX Auditor